What is claimed is:

1. A seat of a child-care instrument provided with a seat plate and a backrest plate which can be reclined, comprising:

a lapping plate integrally having a seat surface portion facing said seat plate and a back surface portion facing said backrest plate, wherein

said seat plate and said backrest plate each have first openings penetrating in the thickness direction,

said lapping plate has second openings penetrating in the thickness direction, in its seat surface portion and back surface portion and it is provided such that it can be displaced between a first position in which positions of said first and second openings are aligned and a second position in which positions of said first and second openings are shifted, and

a plurality of hinge portions extending in the width direction are provided so as to be spaced in the vertical direction, in a corner region connecting the seat surface portion and the back surface portion of said lapping plate.

2. The seat of the child-care instrument according to claim 1, wherein said plural hinge portions are formed of thinned portions reduced in thickness of the lapping plate.

- The seat of the child-care instrument according to claim 2, wherein said thinned portion is formed by cutting in a back surface of said lapping plate.
- The seat of the child-care instrument according to claim 1, wherein said lapping plate is provided such that it can be slid along said seat plate and said backrest plate.